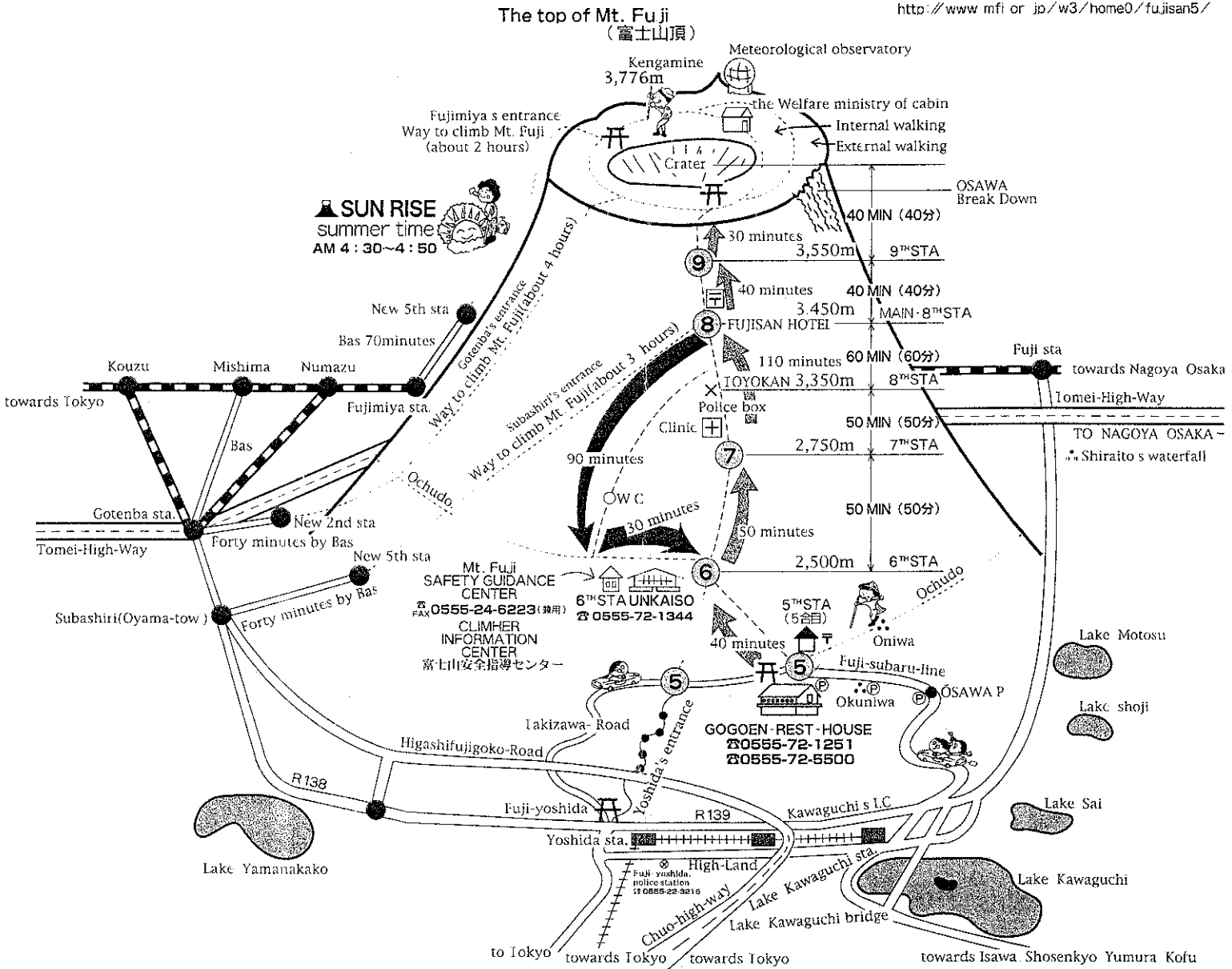


Guide Map of Mt. Fuji



PLEASE READ CAREFULLY

(FujiYOSHIDA POLICE STATION, YAMANASHI PREFECTURE,
 YAMANASHI ORGANIZATION FOR THE PREVENTION
 OF MOUNTAIN ACCIDENTS, FUJIYOSHIDA BRANCH)

○ **ROCK SLIDES**

Accidents involving rock slides are frequent. By all means do not stray from the climbing path.

○ **ROCK SLIDES**

If you see or encounter rock slides, shout so other people will know.

○ **STOPPING TO REST**

When stopping to rest choose a safe place by the side of the climbing path.

○ **DESCENDING THE MOUNTAIN**

Accidents often occur when coming down the mountain. Do not hurry, and by all means do not run.

○ **BAD WEATHER OR SICKNESS**

In case of bad weather or sickness, go to nearest mountain hut or proceed directly down the mountain.

TO THE CLIMBER

Anybody can easily climb Mt. Fuji in the summer, but you must avoid bad weather and you must be careful not to overexert yourself. Be sure to observe the following precautions:



1. Adequate Clothing and Equipment

- The weather of Mt. Fuji is very changeable. It is usually very cold in the morning and during the night, even in summer. It is perhaps advisable to have a warm jacket, a long-sleeve shirt, gloves, a small towel, light-weight rainwear, a flashlight, a canteen, and goods thick-soled hiking, preferably with high tops so that sand and rocks cannot get in. (many of these things are on sale in shops at Mt. Fuji's Fifth station)
- A climbing stick (Kongo-zue stick) is also helpful. (Also on sale at the Fifth station.)
- You will need food enough for one or two meals. Canned foods, cheese, bread, boiled eggs, sweets, etc. are good. They should be substantial but not heavy.
- It is also advisable for the leader of the group to carry a first aid kit.

2. Climbing Precautions

- Do not stray from the climbing path. (If you do so, there is a greater possibility of encountering rock slides or of getting lost.)
- If you are the member of a group, follow the directions of the leader and do not strike out on your own.
- Do not be in a hurry. Climb the mountain slowly and be careful not to overexert yourself.
- It is better to take frequent short breaks rather than to stop only a few times for long periods of rest.
- If a person is injured or sick, perform the necessary first aid, carry him to the nearest mountain hut, and contact a doctor. (There should be one standing by at the seventh station.)
- Avoid bad weather and do not overexert yourself.
- If you climb the mountain at night, climb with care. In rocky areas be especially careful of your footing. It is easy to stumble and fall.

3. Descending the Mountain

- Do not stray from the path while descending.
- Do not run down the mountain.
- At the Ninth Station the path divides into two. The one to the right goes to Subashiri; and the one to the left goes to the Fifth Station bus stop via a sand steep (sunahashiri). Make sure you take the correct way at the point where the path forks.
- It is easy to lose your way in heavy fog, so be cautious about taking the correct path at the top.

4. Additional Items

- Do not litter the mountain; do not damage the trees.
- Show common courtesy to your fellow climbers.
- Do not drink alcoholic beverages while climbing.
- The average climbing time is 5 hours from the Fifth Station to the top (6 hours for weakened climbers).
- The average descending time is 2½ hours from the top to the Fifth Station (3 hours for weakened climbers).

(日) FINE	(日) FINE	(風) WIND	(風) WIND	(雨) RAIN	(雨) RAIN
おびぐも	のぼりぐも	ふきだし笠	よこすじ笠	にかい笠	ひとつ笠

●富士山の天気は笠雲で予想しましょう。

Clouds on **Mc Fuji** forecast the weather

Train Time Schedule Between Shinjuku and Kawaguchiko (WEEKDAYS)

TTC, Apr. 2008



(新宿-河口湖間の電車時刻表 平日用)

※It is necessary to change trains at Otsuki Sta. (大月) from JR Chuo Line to Fuji Kyuko Line. (富士急行)

【 Shinjuku → Kawaguchiko 】

Track	Train Name & No.	Lv. Shinjuku	Otsuki Ar./Lv.	Ar. Kawaguchiko
10	Super Azusa 1	7:00 →	7:55 / 8:15 →	9:06
10	Azusa 3	7:30 →	8:31 / 9:01 →	9:52
9	Azusa 7	8:30 →	9:38 / 9:44 →	10:36
10	Kajiji 101	9:30 →	10:37 / *10:51 →	11:34
10	Kajiji 103	10:30 →	11:31 / *11:51 →	12:36
9	Kajiji 105	11:30 →	12:32 / *12:51 →	13:34
10	Kajiji 107	12:30 →	13:32 / 13:35 →	14:28
9	Kajiji 109	13:30 →	14:33 / 14:44 →	15:33
9	Kajiji 111	14:30 →	15:33 / 15:51 →	16:41
10	Kajiji 113	15:30 →	16:32 / 16:48 →	17:41
10	Kajiji 115	16:30 →	17:33 / 17:45 →	18:40
9	Azusa 27	17:30 →	18:38 / 19:02 →	19:51
12	Rapid (Kaisoku)	18:22 →	through	21:02
9	Kajiji 117	18:30 →	19:34 / 19:50 →	20:45
11	Rapid (Kaisoku)	19:24 →	through	21:55
9	Kajiji 119	19:30 →	20:36 / 20:46 →	21:35
9	Azusa 35	21:00 →	22:02 / 22:07 →	23:02

【 Kawaguchiko → Shinjuku 】

Lv. Kawaguchiko	Otsuki Ar./Lv.	Train Name & No	Ar. Shinjuku
5:48 →	through	Rapid (Kaisoku)	8:33
6:18 →	through	Rapid (Kaisoku)	9:04
6:46 →	7:42 / 7:45 →	Kajiji 102	9:08
7:48 →	8:45 / 8:49 →	Kajiji 104	9:54
8:16 →	9:12 / 9:38 →	Super Azusa 6	10:38
8:43 →	9:35 / 9:38 →	Super Azusa 6	10:38
*9:13 →	9:55 / 10:03 →	Kajiji 106	11:07
9:28 →	10:19 / 10:29 →	Rapid (Kaisoku)	11:58
9:54 →	10:45 / 11:04 →	Azusa 10	12:06
10:44 →	11:41 / 12:05 →	Kajiji 108	13:08
*11:56 →	12:42 / 13:05 →	Kajiji 110	14:06
12:50 →	13:45 / 14:04 →	Kajiji 112	15:08
13:35 →	14:25 / 14:48 →	Rapid (Kaisoku)	16:23
14:05 →	14:55 / 15:03 →	Kajiji 114	16:07
*15:10 →	15:51 / 16:01 →	Kajiji 116	17:06
15:48 →	16:39 / 16:45 →	Kajiji 118	17:58
*17:02 →	17:44 / 18:01 →	Kajiji 120	19:09
17:44 →	18:42 / 19:11 →	Rapid (Kaisoku)	20:46
18:12 →	19:01 / 19:05 →	Azusa 30	20:08
18:29 →	19:22 / 19:33 →	Kajiji 122	20:37
19:53 →	20:45 / 20:49 →	Rapid (Kaisoku)	22:17
20:19 →	21:17 / 21:40 →	Super Azusa 36	22:36

* Fuji Kyuko Limited Express "Fujisan"

【Train Fare】

Shinjuku - Kawaguchiko (One way)

- ◇ Rapid (Kaisoku) & Fuji Kyuko (Local, Rapid): ¥2,390 (3 hrs.)
- ◇ Limited Express (Azusa or Kajiji) & Fuji Kyuko (Local, Rapid): ¥3,800 (2-2.5 hrs.)
- ◇ Limited Express (Azusa or Kajiji) & Fuji Kyuko (Limited Express): ¥4,100 (1hr 50 min.)

JR Pass holder: Otsuki - Kawaguchiko (One way)

- ◇ Fuji Kyuko (Rapid & Local): ¥1,110 (50 min.)
- ◇ Fuji Kyuko Limited Express "Fujisan": Standard fare ¥1,410 plus a ¥100 surcharge for a seat in the first (panoramic) car (40 min.)

【Kawaguchiko Saiko Free Kippu (河口湖・西湖フリーきっぷ)】

A ticket for a round trip from Shinjuku to Kawaguchiko and Saiko from Tokyo and Yokohama area, and a free ride on Fuji Kyuko Line, Retrobus and Tenjozan Ropeway in Fuji Five Lakes area. ¥4,600. Valid for 2 days. Limited express charge is not included.

- ※Schedules & fares are subject to change without any notice.
- ※More train services are available other than the above.

All information is based on data as of April 2008 and is subject to change without notice.

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Train Time Schedule Between Shinjuku and Kawaguchiko (WEEKENDS & NATIONAL HOLIDAYS)



TIC, Apr. 2008

※It is necessary to change trains at Otsuki Sta. (大月) from JR Chuo Line to Fuji Kyuko Line. (富士急行)
 (新宿-河口湖間の電車時刻表 土、日、祝日用)

【 Shinjuku → Kawaguchiko 】

Track	Train Name & No.	Lv. Shinjuku	Otsuki Ar./Lv.	Ar. Kawaguchiko
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10	Azusa 3	7:30 →	8:31 / 9:02 →	10:02
10	Kaiji 101	9:30 →	10:37 / *10:51 →	11:34
10	Kaiji 103	10:30 →	11:31 / *11:51 →	12:37
9	Kaiji 105	11:30 →	12:32 / *12:50 →	13:32
10	Kaiji 107	12:30 →	13:32 / *13:59 →	14:43
9	Kaiji 109	13:30 →	14:33 / 14:44 →	15:36
9	Kaiji 111	14:30 →	15:33 / *15:46 →	16:29
10	Kaiji 113	15:30 →	16:33 / *16:48 →	17:30
10	Kaiji 115	16:30 →	17:33 / 17:38 →	18:32
9	Azusa 27	17:30 →	18:38 / 18:42 →	19:39
12	Rapid (Kaisoku)	18:23 →	through →	21:09
9	Kaiji 117	18:30 →	19:34 / 19:38 →	20:26
12	Rapid (Kaisoku)	19:26 →	through →	22:04
9	Kaiji 119	19:30 →	20:36 / 20:47 →	21:37
9	Azusa 35	21:00 →	22:02 / 22:07 →	23:02

* Fuji Kyuko Limited Express "Fujisan"

【Train Fare】

Shinjuku - Kawaguchiko (One way)

◇ Rapid (Kaisoku) & Fuji Kyuko (Local, Rapid): ¥2,390 (3 hrs.)

◇ Limited Express (Azusa or Kaiji) & Fuji Kyuko (Local, Rapid): ¥3,800 or ¥4000 during peak season (2-2.5 hrs.)

◇ Limited Express (Azusa or Kaiji) & Fuji Kyuko (Limited Express): ¥4,100 or ¥4,300 during peak season (1hr 50 min.)

JR Pass holder: Otsuki - Kawaguchiko (One way)

◇ Fuji Kyuko (Rapid & Local): ¥1,110 (50 min.)

◇ Fuji Kyuko Limited Express "Fujisan": Standard fare ¥1,410 plus a ¥100 surcharge for a seat in the first (panoramic) car (40 min.)

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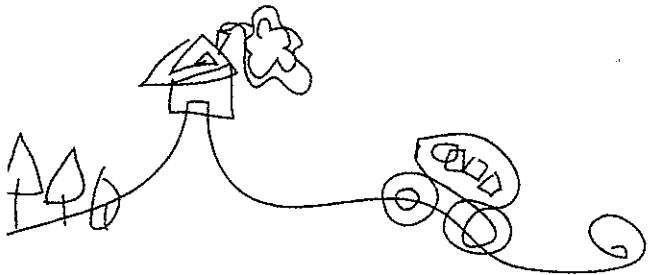
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【 Kawaguchiko → Shinjuku 】

Lv. Kawaguchiko	Otsuki Ar./Lv.	Train Name & No.	Ar. Shinjuku
5:48 →	through →	Rapid (Kaisoku)	8:13
6:18 →	through →	Rapid (Kaisoku)	8:42
6:46 →	7:42 / 7:45 →	Kaiji 102	9:03
7:48 →	8:44 / 8:49 →	Kaiji 104	9:54
8:16 →	9:13 / 9:38 →	Super Azusa 6	10:36
*9:09 →	9:54 / 10:03 →	Kaiji 106	11:06
9:19 →	10:22 / 10:29 →	Rapid (Kaisoku)	11:59
9:48 →	11:11 / 11:29 →	Rapid (Kaisoku)	12:59
*10:04 →	10:49 / 11:05 →	Azusa 10	12:06
*11:55 →	12:43 / 13:05 →	Kaiji 110	14:06
*13:09 →	13:52 / 14:05 →	Kaiji 112	15:06
13:34 →	14:27 / 14:48 →	Rapid (Kaisoku)	16:19
*14:00 →	14:43 / 15:03 →	Kaiji 114	16:06
14:12 →	15:16 / 15:24 →	Rapid (Kaisoku)	17:04
*15:13 →	15:55 / 16:01 →	Kaiji 116	17:07
*17:06 →	17:49 / 18:03 →	Kaiji 120	19:06
17:49 →	18:41 / 19:12 →	Rapid (Kaisoku)	20:47
*18:10 →	18:51 / 19:04 →	Azusa 30	20:07
18:34 →	19:26 / 19:33 →	Kaiji 122	20:35
19:14 →	20:08 / 20:49 →	Rapid (Kaisoku)	22:19
19:44 →	20:39 / 21:04 →	Azusa 34	22:07
20:28 →	21:21 / 21:40 →	Super Azusa 36	22:37

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Mt. Fuji Xtras:

little more information for your climb...

Important Phone Numbers:

Mt. Fuji Climbing Information in English and Japanese
M-F 9:30-5:15 (Fujiyoshida): (0555) 24-7236
Prefectural General Center
(5th Stn): (0555) 72-1477
Safety Guidance Center
(6th Stn): (0555) 24-6223
First Aid Center (7th Stn): (0555) 24-6520
First Aid Center (8th Stn): (0555) 24-6534

Mountain Huts

NAME:	PHONE:	
Inoue goya	(0555) 22-1944	
Sato Goya	23-1807	5th Stn
Hana-Goya	24-6523	
Hinodekan	24-6522	
7th Stn Tomoekan	24-6521	
Kamaiwakan	24-6520	7th Stn
Fujichikan	24-6519	
Tori-so	24-6518	
Toyokan	24-6517	
Taishikan	24-6516	
Horaikan	24-6515	
Hakuon-so	24-6514	8th Stn
Gansomuro	24-6513	
Fujisan Hotel	24-6512	
8th Stn Tomoekan	24-6511	
Goraikokan	24-6510	8.5th Stn

Mountain Hut prices:
 Overnight: 5000 yen
 + 1 meal: 6000 yen
 + 2 meals: 7000 yen

*bedding is provided. Food served is curry rice for dinner, Japanese breakfast. Pay in cash only.

Gearing for the uphill.. Summertime average temp at the summit is 0 C.

WHAT TO BRING to MT FUJI

day climb:

- ⇒ sunscreen
- ⇒ hat
- ⇒ 2 Liters water
- ⇒ a meal
- ⇒ power snacks
- ⇒ map
- ⇒ cash (in yen)
- ⇒ toilet paper
- ⇒ layered clothing: (thermal underwear, long pants, T-shirt, long sleeve shirt, vest, fleece jacket)
- ⇒ windbreaker jacket
- ⇒ rain jacket
- ⇒ rain pants
- ⇒ hiking boots
- ⇒ climbing stick or poles

night climb:

SAME AS ABOVE PLUS THE FOLLOWING:

- ⇒ parka
- ⇒ winter gloves
- ⇒ winter hat
- ⇒ sleeping bag
- ⇒ headlamp
- ⇒ extra batteries
- ⇒ extra water
- ⇒ extra food

